



Office of Emergency Management www.adcogov.org/oem You don't need to worry about natural disasters every day, but you do need to understand they are possible. While you can't prevent natural disasters from happening, you can be prepared for them.

You and your family should have a plan on how to deal with natural disasters. Know where to meet up if you are separated during an emergency, and have an emergency kit ready.



By planning today you can be prepared for anything that might happen tomorrow.

Earthquake

Keep glass and heavy objects off high shelves. If they fall, they can cause injury.

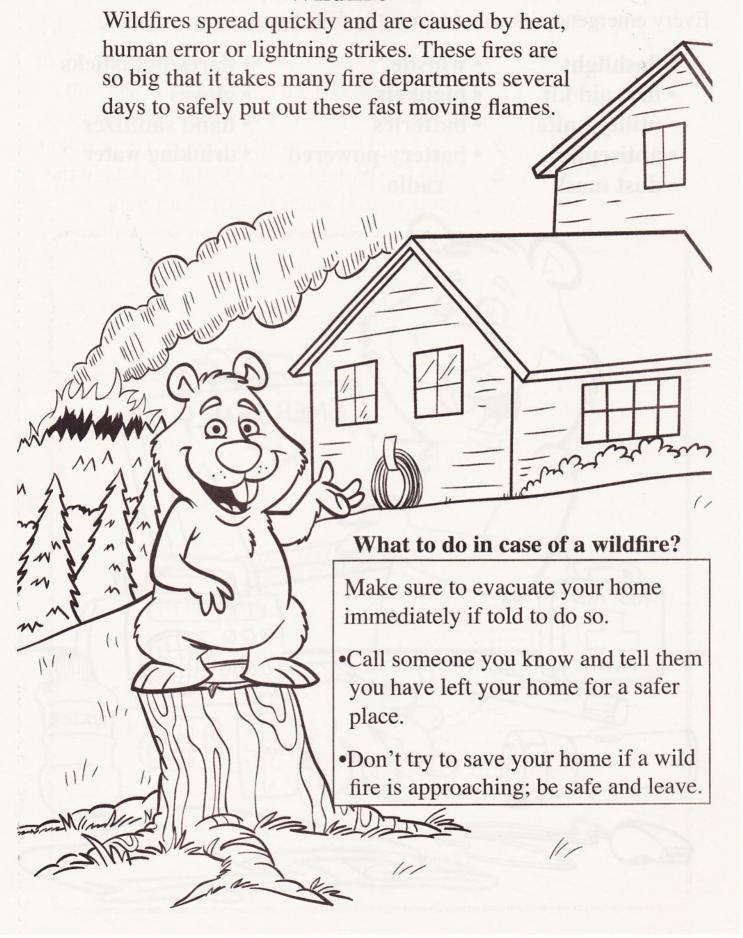
Attach tall furniture and shelves to the walls to prevent them from tipping over.

If you are in an earthquake, here are some important safety tips to follow:

- Find a sturdy doorway and brace yourself; or get under a sturdy piece of furniture and cover your head with your arms.
- Stay away from windows and glass objects. They can easily break and cause harm.
- If you lose power, do not light any matches or candles. The earthquake may have caused gas lines to break.



Wildfire



It's important to have an emergency kit on hand at all times. Every emergency kit should have the following:

- flashlight
- · first aid kit
- utility knife
- antiseptic
- dust mask

- whistle
- blankets
- batteries
- battery-powered radio
- flares/lightsticks
- gloves
- · hand sanitizer
- drinking water



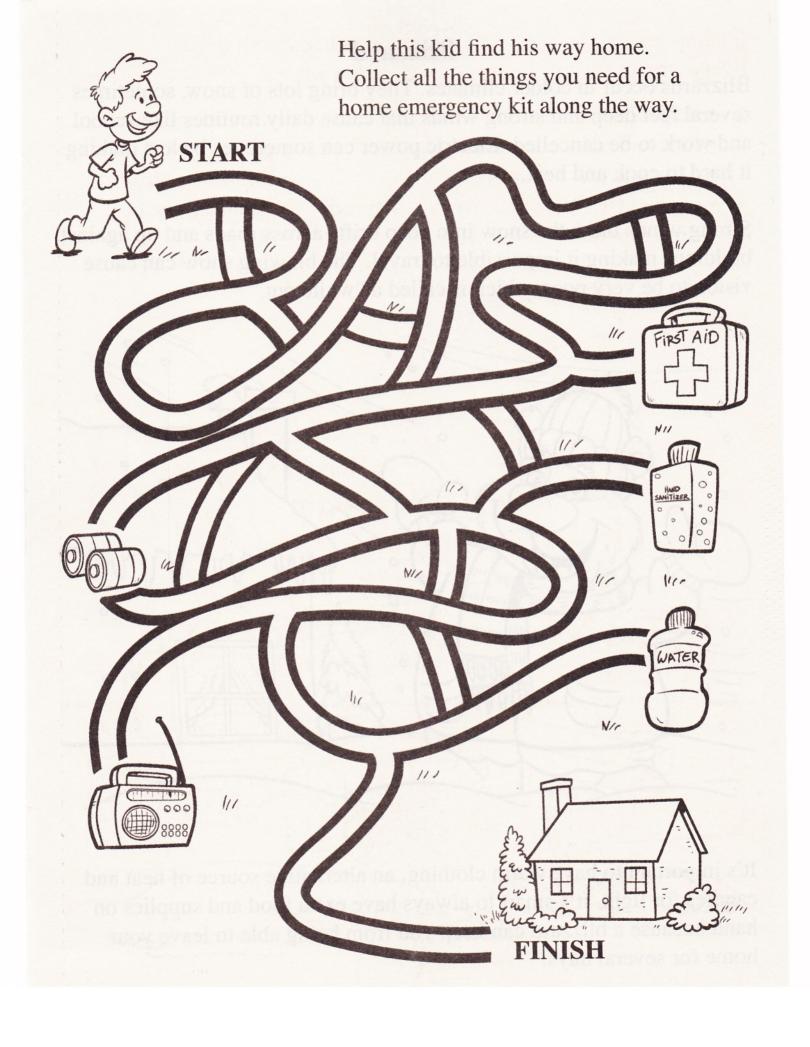
Blizzard

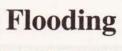
Blizzards occur in colder climates. They bring lots of snow, sometimes several feet deep and strong winds that cause daily routines like school and work to be cancelled. Electric power can sometimes be lost making it hard to cook and heat.

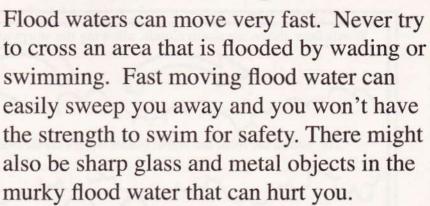
Strong winds blow the snow into deep drifts across roads and up against buildings making it impossible to travel. The blowing snow can cause vision to be very poor, which is called a "white out."



It's important to have warm clothing, an alternative source of heat and candles for light. It's smart to always have extra food and supplies on hand because a blizzard can keep you from being able to leave your home for several days.

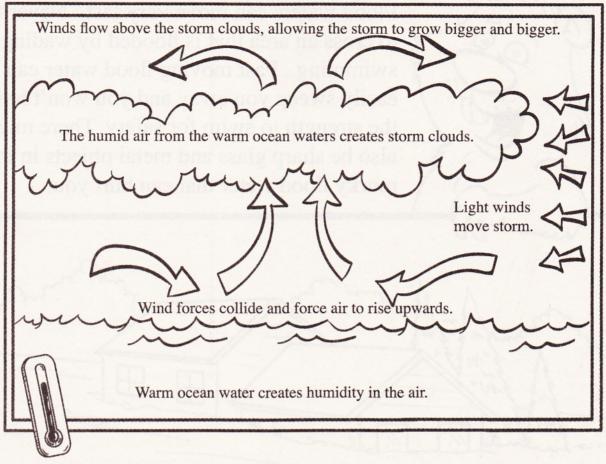


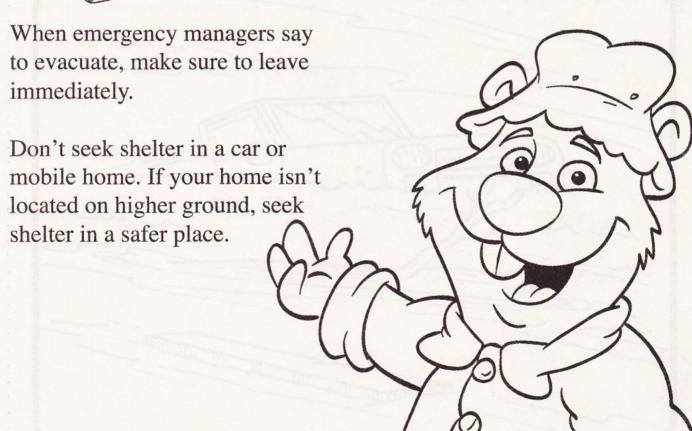


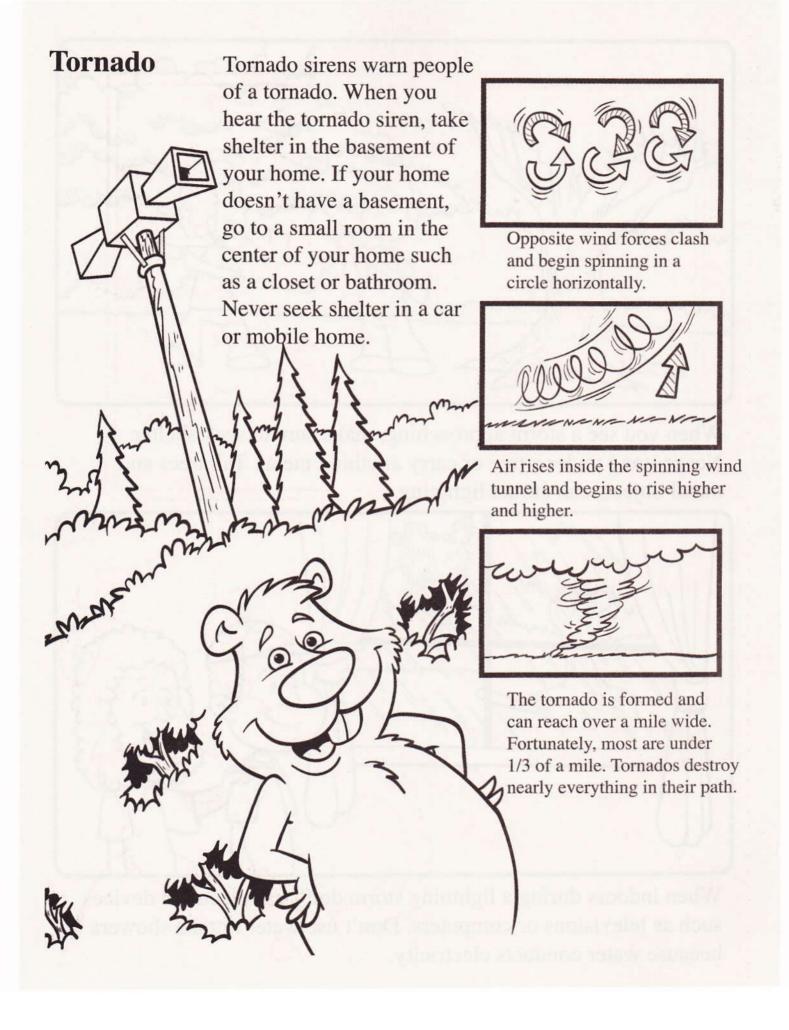


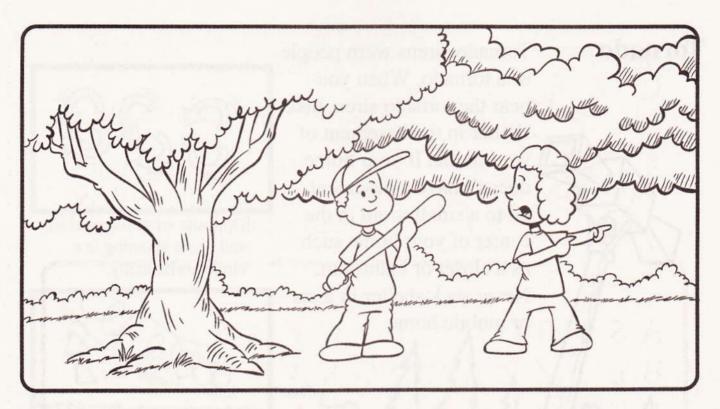


Hurricane









When you see a storm approaching, make sure to seek shelter. Never stand under a tree or carry anything metal. Tall trees and metal objects can attract lightning.



When indoors during a lightning storm don't use electrical devices such as televisions or computers. Don't use water or take showers because water conducts electricity.



Activity: Can you find the following words in the puzzle below?

BLIZZARD
FLOOD
HURRICANE
TORNADO
EARTHQUAKE

LIGHTNING FIRE LANDSLIDE PREVENTION SAFETY

ASFRCMNTYUFAFDHIO BLIZZARDGRYTONMGJ FTRYALIGHTNINGFTY CXEMNOATUIBDSOHIP CNMYVWERTULLDVUBM UWQIHJFABMAJTHRUT PYEFDHLKLVNZSDREU SBLNVTORNADOIUIBY ARJKLBODBZSWOPCBR FGBFUFDOIFLNERATN ECUXIASXVBITCUNGT TSHISOMVRSDATIEYH YEPUYWPREVENTIONW TBKRLUNPSTFDNHEJH EARTHQUAKELRAGBCA

A natural disaster, such as a fire, storm, or flood, can happen at any time. Certain parts of the country are more likely to be affected by some natural disasters than others, but we should all be prepared.



1.



2.



3.



4.



5.



Activity: Draw a line from the picture of the natural disaster to the name.

Tornado

Fire

Blizzard

Hurricane

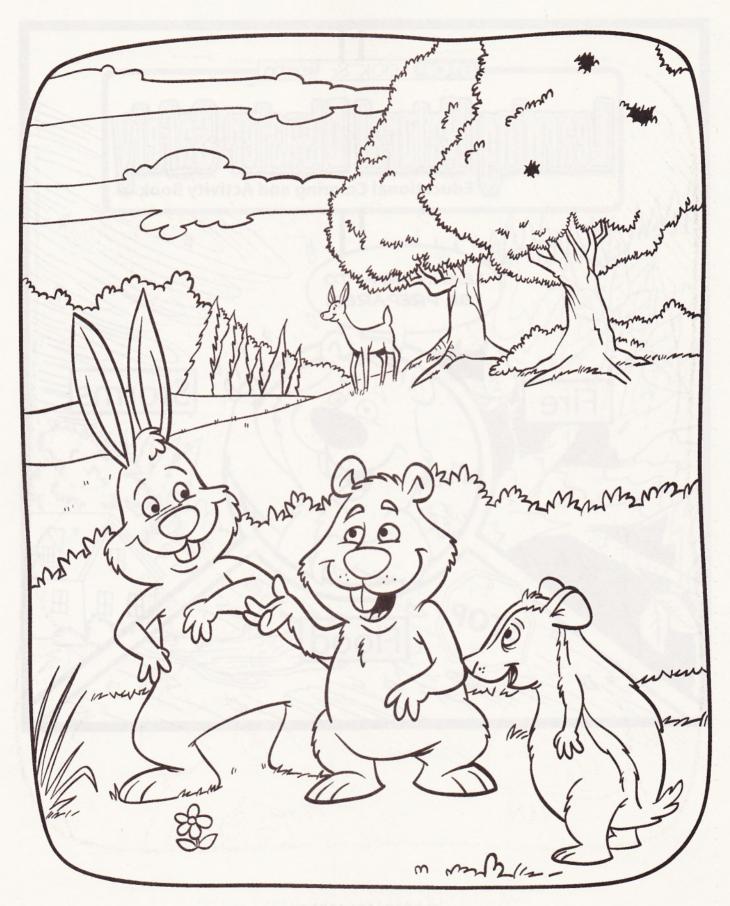
Flood



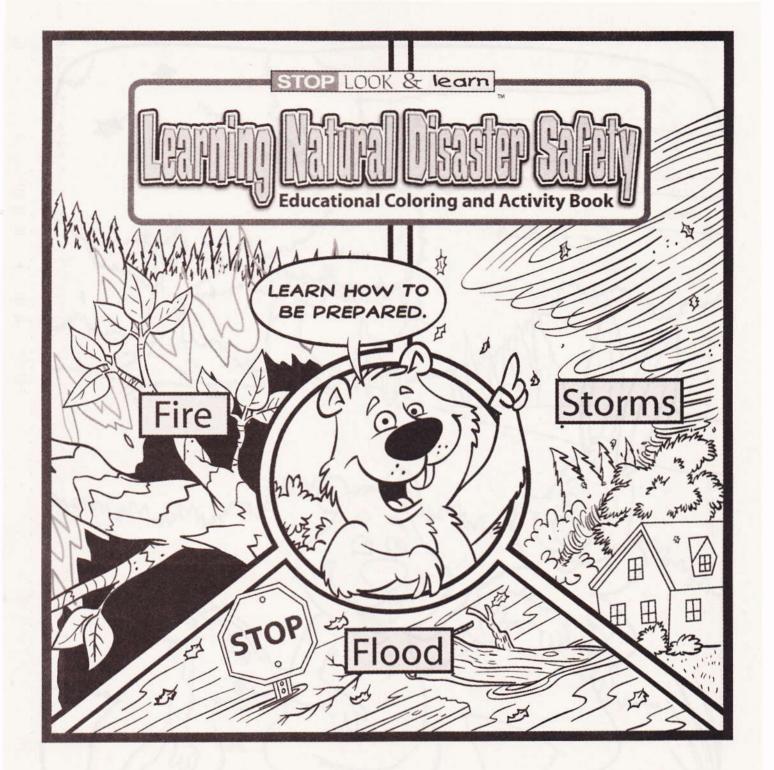
- •Sit down with your family and create an emergency plan and practice it.
- •Have a common meeting place in case you and your family are separated. Keep in mind phones may not be working during a natural disaster.
- •Make sure you have medical/emergency supplies ready and in a place that is easy to find and reach.
- •Buy a battery operated weather radio to warn you about approaching storms.
 - •Keep supplies on hand that you might need after a natural disaster. Things like water, canned food items and a gasoline powered generator can come in handy.



Would you know what to do if the weather turned bad one day?



Most days are calm and peaceful. Today is one of those days.





LETTER TO THE PARENT

The Stop, Look and Learn™ line of coloring and activity books was created to educate and entertain your child. We encourage you to participate with your child in discussing each topic. Our goal is to create an activity book that will be a positive influence on your child's early development.

